



# IMPROVE YOUR GAME

Titleist Performance Institute Exercises

## GROUP GOLF CLINICS

*Diane Rama, Class A Member, LPGA Teaching Professional  
and Frank J. Ciuba, DPT, MS,  
Titleist Level 3 Medical Professional*

are offering a unique program for golfers that includes golf instruction and fitness components to enhance any player's game.

### Program Benefits

- Ease of learning in a group setting at a comfortable pace
- Appropriate for either the beginner or advanced golfer
- Focus on fundamental and advanced swing concepts
- Learn the same Titleist Performance Institute exercises performed by many tour players

## SPRING CLINICS FORMING!

Wednesdays in April  
at Worcester Golf Course 6-7:30pm



To improve your game,  
call 215-513-1816 or send us an email!

[fcuba@hsttherapy.com](mailto:fcuba@hsttherapy.com) | [drbo@juno.com](mailto:drbo@juno.com)